

Knowledgebase > Welch Allyn Home > Patient Guides > View Your Health Vitals - Patient Portal

View Your Health Vitals - Patient Portal

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How to view your health vitals

From the Health screen on your Patient account portal, you can view the health vitals of your recent and past readings.

View your recent readings under **Title**.

View the trend of your recent measurements' readings under **Chart**.

The graph displays your *Blood Pressure*, *Heart rate pulse*, *Blood Oxygen*, *Weight*, and *Temperature*. Scroll as needed to view all graphs.

Take note, at least two readings must be recorded to draw a graph.

You can change the Days view: The options are **Day**, **Week**, and **Month**.

You will see the **Day** view by default.

The readings displayed would change based on your selection.s.

View the readings separately as a list on **List** View.

Select between Weight, Blood pressure, Blood oxygen, Heart rate pulse, and Temperature.

Take note, by default, you will see the Weight readings.

The source of the reading will be displayed. (Device name or Manual)

You can reject the readings as necessary.

Go back to the Patient Help Directory