

## Unsubscribe a Clinician Follower

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### [How to unsubscribe a clinician follower](#)

After accepting a clinician follower or rejecting an invitation to follow (putting the request in pending status), you have the option to unsubscribe from that clinician follower.

To unsubscribe means that the clinician can no longer view your health information.

1. Touch the **My Clinics** icon.
2. Touch the **name of the Clinic** you want to unsubscribe to.
3. Touch the **three dots** in the upper right corner.
4. Touch **Unsubscribe** to unsubscribe that clinician.
5. Touch once again **Unsubscribe** one more time to confirm.

*The Unsubscribe to Clinic notification appears at the bottom and the selected clinic disappears from the My Clinics page.*

You have successfully unsubscribed to that clinician.

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