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## Weight Scale Measurement and Syncing

Jay-Ileen (Ai) - 2023-06-06 - Patient Guides

## How to measure and sync using a weight scale

- 1. Review the instructions for measuring your weight in the Welch Allyn Home Scale directions for use.
- 2. Log in to Welch Allyn Home as you normally do.

Take note, the App must be open to successfully capture readings from the weight scale.

1. Step on the weight scale platform in your bare feet.

The weight scale should automatically power on and begin the measurement.

1. Stand still and keep full contact with the scale until the LCD stops blinking and displays the weight.

The weight measurement will appear on the Home screen of your app.

You have successfully taken your weight and transferred it to your app.

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