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Blood Pressure Measurement and Syncing

Jay-Ileen (Ai) - 2023-07-25 - Patient Guides

[How to measure and sync using a blood pressure monitor](#)

1. Review the instructions for taking a blood pressure reading in the Welch Allyn Home Blood Pressure Monitor directions for use.
2. Log in to Welch Allyn Home as you normally do.

Take note, the app must be open to successfully capture readings from the monitor.

1. Place the blood pressure cuff on your arm and sit comfortably for 5 minutes.
2. Press the power button on the monitor to begin the blood pressure measurement.

The blood pressure and heart rate will appear on the blood pressure monitor screen.

The readings will appear on the Home screen of your app along with a notification of new readings.

You have successfully taken your blood pressure and recorded it in your app.

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Tags

blood pressure